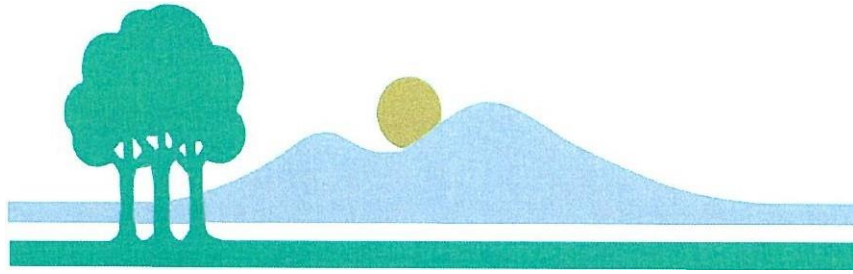


City of Mountain View



AGE FRIENDLY MOUNTAIN VIEW

SENIOR RESOURCE GUIDE



- All information is subject to change
- Please call to confirm pricing
- Available in large print

FOOD & NUTRITION

Revised August 2019

FOOD & NUTRITION

Community Services Agency – Mountain View, Los Altos and Los Altos Hills

Emergency Assistance including food and financial aid Homeless Services including comprehensive case management, Senior Services including nutrition services, transportation, shopping assistance and case management. *Free*

204 Stierlin Road

Mountain View, CA 94043

www.csacares.org

(650) 968-0836 (Phone Main)

(650) 938-2728 (General Admin. Fax)

(650) 968-2164 (Programs Fax)

Community Services Agency – Mountain View, Los Altos and Los Altos Hills @ Mountain View Senior Center

Senior Nutrition Program offers a hot lunch, prepared on-site at the Mountain View Senior Center, Monday - Friday 11:45am-1:00pm. Recommended sign in time is 11:15am.

Anyone 60 years of age and older; Suggested Donation \$3.00

Anyone under the age of 60; Suggested Donation \$8.00

Earlene Minnis

Senior Nutrition Site Manager

(650) 964-6586

Medicare Advantage Plan

Medicare Advantage plan can coordinate with Meals on Wheels to offer a meal delivery service for seniors. There are several rules and restrictions about Medicare Advantage coverage of meal delivery service. If you're enrolled in a Medicare Advantage plan, you might want to call and ask for details. All Medicare Advantage plans must provide this service through Meals on Wheels if you meet the criteria for it.

Health Trust Meals on Wheels Program

Meals on Wheels

Weekly delivery of meals is available through the Sourcewise and the Health Trust to homebound seniors 60+ years. Participant donation suggested.

www.healthtrust.org

(408) 961-9870

Hope's Corner Meals and Showers Program – Every Weekend

Hope's Corner serves a free breakfast and bag lunch every Saturday (8-10 a.m.) to hungry people at the corner of Hope and Mercy Streets in Mountain View. Hope's Corner also offers free showers to unhoused people on Saturday (7-12 p.m.) and Thursday (8 a.m. - 1 p.m.).

748 Mercy Street

www.hopes-corner.org

(650) 254-1450

Second Harvest Food Bank

Food distributed at various sites throughout the County.

4001 North 1st Street,
San Jose, CA 95134

www.shfb.org/home

(408) 266-8866

Second Harvest Food Bank Mountain View Distribution Locations:

- Community Services Agency of Mtn.View & Los Altos
204 Stierlin Rd.
Mountain View, CA 94043
- Mountain View Senior Center
266 Escuela Ave
Mountain View, CA 94040

St. Vincent de Paul, Santa Clara County

We provide critical support to residents of Santa Clara County who are struggling to make ends meet, but are not receiving the help they need. To find Parish coverage in your area please call the council office at 408-249-2853.

<http://www.svdp.org/if-you-need-help/>

- St. Joseph Parish
582 Hope St
Mountain View, CA 94041
(650) 967-3831
- St. Athanasius
160 N Rengstroff Ave
Mountain View, CA 94041
(650) 961-8600



LifeMoves

Breaking Bread Hot Meal Program - Free

<http://lifemoves.org>

(650) 444-1547

Monday: 5:00 - 6:00 p.m.

First United Methodist Church
625 Hamilton Avenue
Palo Alto, CA 94301

Tuesday: 5:00 - 6:00 p.m.

Grace Lutheran Church
3149 Waverley Avenue
Palo Alto, CA 94306

Wednesday: 5:00 - 6:00 p.m.

First Presbyterian Church
1140 Cowper Avenue
Palo Alto, CA 94301

Thursday: 11:30 a.m. - 12:30 p.m.

All Saints Episcopal Church
425 Hamilton Avenue
Palo Alto, CA, 94301

Friday: 11:30 a.m. - 12:30 p.m.

All Saints Episcopal Church
425 Hamilton Avenue,
Palo Alto, CA 94301

Food pantry on Thursday and Friday provided by Downtown Street Team

***CSA/SHFB/Meals on Wheels all listed on MV website**

<http://www.mountainview.gov/depts/manager/resources.asp>

