

SENIOR ADVISORY COMMITTEE WORK PLAN
Fiscal Year 2019-20

Title and Description	Key Milestones	Date (per milestone)	Current Status/Notes
Ongoing Work Items			
<p>A. Provide enhanced awareness of senior issues within a diverse community, increase outreach, and ensure the greatest quality of service possible by the Senior Advisory Committee (SAC).</p>			<p>Overarching mission of the SAC.</p> <p>Forward the 2019 State of Mountain View Seniors Report to City Council – Fall 2019.</p>
<p>B. Communications Subcommittee – Priority mission is to communicate with Mountain View seniors via the following methods:</p> <ul style="list-style-type: none"> • Identify speakers. • Use City website, City Facebook, and NextDoor website to communicate important information and updates to seniors. • Provide communication support to full SAC and subcommittees considering the following: <ul style="list-style-type: none"> – Specific communication subjects. – Education workshops. – Education materials. – Articles and information for media outlets (i.e., <i>Mountain View Voice</i>, KMVT). 	<ul style="list-style-type: none"> • Continue to provide content to staff for the City website and the Senior Center Facebook page. 		<p>Ongoing</p>

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	<ul style="list-style-type: none"> • Provide various workshops on senior issues. • SAC to provide an outreach table and distribute informational material regarding the Senior Center and the SAC at community events. 		<p>Ongoing</p> <p>Ongoing</p>
<p>C. Senior Center Subcommittee – Priority mission is to maintain an active presence at the Senior Center and to provide education and support to enhance senior programs for the community.</p> <ul style="list-style-type: none"> • Organize an annual Meet and Greet at the Nutrition Program with City Council and SAC members. • Provide an educational workshop series at the Senior Center. • Support the Senior Center through sharing resources and new program ideas with the Senior Center and Community Services Agency (CSA). 	<ul style="list-style-type: none"> • Conduct monthly Alzheimer’s screenings. • Conduct annual Meet and Greet with City Council. • Provide educational workshops at the Senior Center. • Develop a calendar and implementation strategy to recognize multicultural events at the Senior Center. 	<p>Spring 2020</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>

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<p>D. Focus on criteria established by the World Health Organization (WHO) and the Eight Domains of Livability.</p> <p>In 2006, the WHO created a guide for “age-friendliness” of a city. The guide identifies eight domains of city life that might influence the health and quality of life of older people:</p> <ol style="list-style-type: none"> 1. Outdoor spaces and buildings; 2. Transportation; 3. Housing; 4. Social participation; 5. Respect and social inclusion; 6. Civic participation and employment; 7. Communication and information; and 8. Community support and health services. <ul style="list-style-type: none"> • Support the Age-Friendly Cities Task Force and the City of Mountain View on continuing to be an age-friendly city. • Develop programming to support the Eight Domains of Livability. 	<ul style="list-style-type: none"> • Provide a presentation at the Senior Center on the WHO’s Age-Friendly City. • Continue to champion ways to keep Mountain View seniors housed in Mountain View. 	<p>Summer 2019</p>	<p>Ongoing</p> <p>Ongoing</p>

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<p>E. Continue dialogue to share challenges of seniors and people with disabilities aging in Mountain View with other commissions and committees such as:</p> <ul style="list-style-type: none"> • Council Transportation Committee • City of Mountain View ADA Coordinator • Parks and Recreation Commission • Human Relations Commission • Downtown Committee • Performing Arts Committee • Environmental Planning Commission • Bicycle/Pedestrian Advisory Committee • Youth Advisory Committee • Age-Friendly City Task Force • Other Agencies • Other City Committees and Commissions 			Ongoing
Fiscal Year 2019-20 Work Items			
1. Promote and facilitate completion of 2020 Census by Mountain View Seniors – Seniors Count!			
2. Recognize the anniversary of Mountain View receiving the Age-Friendly City Designation from the WHO.	February 2020		