

DEER HOLLOW FARM



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City of Mountain View Recreation Division

School Year Program TEACHER PACKET

Welcome Teachers!

Class Descriptions

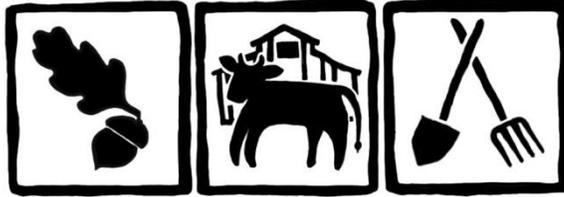
Chaperone Information (English/Spanish)

Directions to the Permit Parking Lot

Permission Forms (English/Spanish)

Packing a No-Garbage Lunch

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WELCOME TEACHER/ GROUP LEADER

Thank you for joining us at Deer Hollow Farm! Please read and follow the guidelines to help make your visit an enjoyable and educational experience for all.

Adult Chaperones – The number of adult chaperones is limited to one per four children. We are aware that more chaperones may be needed to drive. Additional parents are encouraged to enjoy the farm and preserve at their leisure. If chaperones are attending, please have them read the enclosed chaperone information form, sign, and return to the farm with permission slips. Please do not bring siblings. They will not be allowed to participate in the program.

Permission Slips – Each participant must have a signed City of Mountain View permission slip (one master copy is enclosed in English and Spanish.) Please give these slips to a staff member on arrival. (NOTE: Your school may require an additional permission slip that will stay at the school.)

Groups & Name Tags – Deer Hollow Farm staff will divide your students into groups when you arrive, our goal is to have ten students per School Year Docent. Contact farm staff in advance if you have any questions about how your students will be grouped. Students must wear visible name tags during the program.

Clothing and Shoes – All participants and chaperones should wear strong, durable, closed-toe shoes and comfortable, layered clothing for hiking. Please bring rain gear if it is cloudy in town. There are farm ponchos available for the students if additional rain gear is needed.

Lunch and Snack – *Please have the students carry backpacks so their hands are free to explore.* Participants are encouraged to bring a “no garbage” lunch, please see the enclosed information. Lunch can be scheduled during a 3- to 4-hour class or after a shorter class. If a snack is needed during a shorter class, please arrange time to eat before or after the program. Please have students carry a water bottle in their backpacks as well.

Location – Deer Hollow Farm is located about a mile into the Rancho San Antonio Open Space Preserve. The wilderness preserve is managed by the Midpeninsula Regional Open Space District. Class begins in the Permit Parking Lot, about a 1/2-mile into the Preserve. Directions are included in this Packet; please share them with all of your drivers.

Preserve Visitor Regulations - There are no trashcans on the Preserve. Smoking is not allowed. Collecting any natural materials is not allowed. There are no restrooms by the Permit Lot. Restrooms are only available at the Farm and in the County parking lot.

Teachers, Aides, or Persons in Charge – Teachers, aides, or persons in charge are required to participate in the activities as part of the group when attending a class.

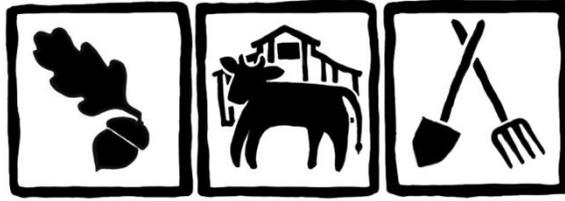
Allergies/Medical – Upon arrival, please notify Deer Hollow Farm staff of any allergies children may have (such as bees, plants, etc.) or medical conditions (such as diabetes, epilepsy, heart ailment, etc.) or special needs (such as language, learning disabilities, etc.).

Rain Procedure – All classes except for the Life Sciences Hike will be held rain or shine. However, if weather conditions create a hazardous situation, a Deer Hollow Farm staff member will call the school at 8:00 am to reschedule the class. Please encourage the children to wear clothing that will keep them warm and dry. The temperature at Deer Hollow Farm can be 10 degrees cooler than temperatures at home or school.

Please contact Deer Hollow Farm at (650) 903-6430 or deerhollowfarm@mountainview.gov if you have any questions. Thank you very much for your cooperation. We look forward to your visit!

Sincerely,
Jessica Morgan
Deer Hollow Farm Senior Recreation Coordinator

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CLASS DESCRIPTIONS

Farm & Garden- Kindergarten

During the Farm and Garden class kindergarten students learn about farm products on a two-hour tour of Deer Hollow Farm. Children will have the opportunity to visit the livestock and discover the food and clothing they provide. The Farm is home to a cow, chickens, ducks, geese, rabbits, goats, sheep, and pigs. In the garden, students can sample roots, stems, and leaves from farm-grown vegetables and understand the importance of composting. Seasonal goat or cow milking demonstrations emphasize the importance of the Farmer's responsibilities.

Fleece & Milk- First Grade

First grade students are offered an in-depth look at the food and products that are made by sheep, goats and cows, such as wool, milk, and meat. During the 2-½- hour class, children circulate through activity stations focusing on dyeing wool, tasting goat's milk, carding wool, sheep shearing, visiting sheep and goats, and spinning and weaving wool. Seasonal goat or cow milking demonstrations may also be available.

Life Sciences Hike- Second to Fourth Grade

We make Life Sciences fun! Join us on a hike through the 3,800-acre Rancho San Antonio Open Space Preserve surrounding Deer Hollow Farm. Through exploration and hands-on activities, students will learn about the adaptations and life cycles of the Preserve plants and wildlife as they pass through a variety of habitats, including grassland, oak woodland, riparian/bay woodland, and chaparral. This three-hour class places strong emphasis on stewardship of the environment and our relationship to the natural world. It also satisfies the California State Standards in Life Sciences for second to fourth grade.

Ohlone Habitat- Third Grade

The Ohlone Habitat class is a unique opportunity for third grade students to discover the culture and history of the Ohlone people who lived in the Bay Area for thousands of years. During the three-hour class, students will visit a replica Ohlone Village and learn about Ohlone daily activities such as acorn pounding, weapon making, and games. A hike through the surrounding Rancho San Antonio Open Space Preserve will introduce students to the native plants and animals the Ohlone used for food, medicine and tools.

Ohlone Village- Fourth Grade

During the three-hour Ohlone Village class, students will spend the majority of the class participating in daily activities of the Ohlone people in a replica Ohlone Village. Activities include: acorn pounding, cooking, basket making, weapon making, pump drills, and Ohlone games. They also will explore structures in the Village, including a sweat lodge, sleeping house, and shade shelter.

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CHAPERONE INFORMATION

Dear Chaperone,

Welcome to Deer Hollow Farm! Thank you for your assistance in making this an exciting and educational experience for your child. To ensure a pleasant trip for everyone, please review the following information.

As a designated chaperone, we ask that you:

1. Assist the teaching docent with enforcing farm and preserve rules.
2. Assist with any behavioral problems that may arise.
3. Close gates and doors behind each group.
4. Accompany children to the restroom.
5. Wear strong, durable shoes and comfortable clothes for hiking. Dress in layers.
6. Pack a garbage-free lunch. There are no trashcans at the farm. If lunch is included during the field trip, ask the teacher for further information.
7. Assist with lunch, if lunch is part of the field trip.
8. Please, no smoking.
9. Please do not bring siblings, they will not be allowed to participate in the program.

The closest restroom to the bus stop is a 1/2-mile walk to Deer Hollow Farm, please come prepared!

The number of chaperones is limited to one adult per four children. Other adults are welcome to enjoy the farm and preserve at their leisure.

Parents and their children are encouraged to be in separate groups. This is to help the students give their full attention to the teaching docents and learning materials. Please inform Farm staff if you must be with your child due to special needs, medical conditions etc.

Refrain from using cell phones and from taking posed pictures. Please take candid pictures only, posed pictures can disrupt the class and take teaching time away from the docents.

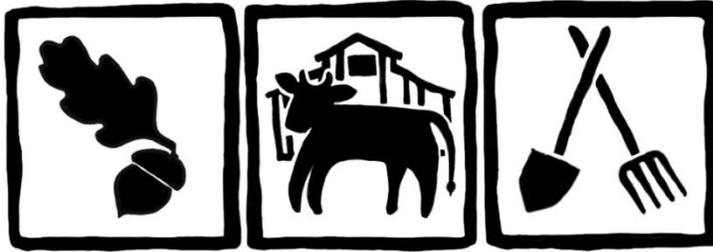
Unless asked directly, let the children answer questions posed by the docents. Please let the children make their own guesses and refrain from whispering the answer in a child's ear.

Please sign below after reading the above information.

SIGNATURE OF CHAPERONE _____ DATE _____

Thank you for your cooperation and we look forward to seeing you at the Farm!

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Estimado Chaperón,

¡Bienvenido a la Granja Deer Hollow! Gracias por participar en esta gran experiencia educativa para su hijo/a. Por favor vea la siguiente información para asegurarse que todos tengan un paseo agradable.

Como chaperón, le pedimos lo siguiente:

1. Apoyar a el/la docente educativo/a a que las normas de la granja y de conservación se cumplan.
2. Asistir con cualquier problema de disciplina que se presente.
3. Asegurar que todas las puertas estén cerradas.
4. Acompañar a los niños/as al baño.
5. Ayudar con el almuerzo (comida), si el paseo lo incluye.
6. En la granja no hay botes de basura, así que por favor empaque un almuerzo libre de basura. Si el almuerzo esta incluido durante el paseo, hable con el maestro/a para más información.
7. Use zapatos cerrados y cómodos. También use ropa cómoda. Se recomienda usar varias prendas de ropa que puedan conservar si hace frío o quitársela si el clima es agradable.
8. No esta permitido fumar.

El baño mas cercano de la parada del autobús esta a ½ milla de la granja. ¡Así que venga preparado!

El número de chaperones esta limitado a un adulto por cada cuatro niños. Cualquier adulto adicional es bienvenido a disfrutar de la granja.

A los padres y sus hijos se les exhorta estar en grupos separados. Se recomienda estar separados para que los estudiantes presten mejor atención a los docentes educativos y a los materiales de aprendizaje. Si necesita estar con su hijo/a por alguna razón especial o por su salud, por favor hable con el personal de la granja.

Se recomienda que se abstengan de utilizar teléfonos celulares y tomar fotografías en pose. Puede tomar fotos instantáneas que no interrumpen la clase o a los docentes educativos.

Permita que los niños respondan a las preguntas que el docente les haga, a menos que le pregunten a usted directamente. Por favor deje que los niños hagan sus propias conjeturas y no susurre la respuesta al oído de el niño/a.

Por favor firme después de leer toda esta información.

FIRMA DEL CHAPERÓN _____ FECHA _____

¡Gracias por su cooperación y esperamos verlos en la granja!

DIRECTIONS TO DEER HOLLOW FARM

ATTENTION DRIVERS! PLEASE READ:

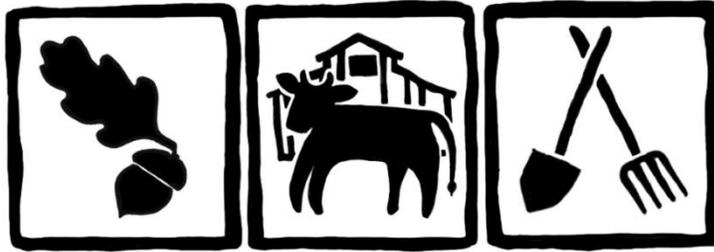
DO NOT use internet mapping tools (Google Maps, Map-Quest etc..) or a GPS device for directions to the Deer Hollow Farm Permit Parking Lot.

You **WILL NOT** arrive in the correct location and you may be late for your tour. **PLEASE** follow the directions below!

1. Exit 280 (Northbound/ Southbound) at Foothill Expressway/Grant Road.
2. Northbound: Turn left onto Foothill Expressway
Southbound: Turn right onto Foothill Expressway
3. Turn right onto Cristo Rey Drive (1st light).
4. Follow Cristo Rey Drive to the Rancho San Antonio County Park entrance on the left.
5. As you enter the park, bear right, and go down the hill to the main parking lot where the restrooms are.
6. Continue straight and drive through the gate marked 'Stop: Authorized Vehicles Only'.
7. Drive for 7/10 of a mile until you reach the Permit Parking Lot on the right.
8. Please observe the 15 mph speed limit when driving in the Preserve.

The Permit Parking Lot can hold a maximum of 25 cars.
Additional cars must park in the
Rancho San Antonio County Parking Lot.

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PARENT INFORMATION SHEET

Date of trip: _____

Leave school site at: _____

Return to school site at: _____

Wear: long pants, hiking or tennis shoes, sweater or jacket.

Parent permit slip must be filled out and returned to teacher no later than: _____

No child will be allowed to go on the trip unless they have written parental permission.

Please detach and return lower portion

PARENT PERMIT

Name of Child _____ Age _____

Address _____

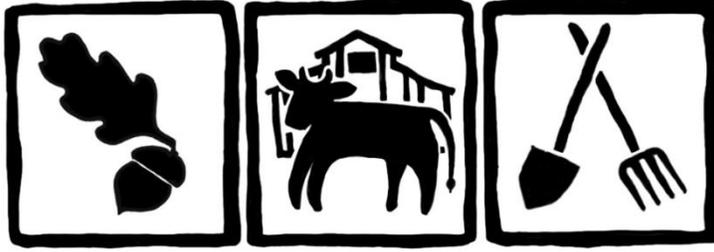
Phone _____ Emergency Phone _____

Recreation Activity _____ Deer Hollow Farm

I hereby grant permission for my child to participate in the recreation activity described above and agree to hold harmless the City of Mountain View, Mountain View-Whisman School District, Mountain View-Los Altos School District, Midpeninsula Regional Open Space District, Santa Clara County, and their agents, employees and officers, and any community organization cosponsoring the program, from and against any and all liability for all injury, cost or expenses, including reasonable attorney's fees incurred as a result of his/her participation in the program named above. It is understood by both parties that these programs enter semi-wilderness areas with certain environmental hazards such as uneven landscape, wooded areas, poison oak, wildlife, bees and rattlesnakes.

SIGNATURE OF PARENT OR GUARDIAN _____ DATE _____

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HOJA DE INFORMACIÓN PARA LOS PADRES

Fecha del viaje: _____

Partir de la escuela: _____

Regresar a la escuela: _____

Traer puesto: Pantalones largos, zapatos cerrados, suéter o chaqueta

Permiso de los padres tiene que ser llenado y regresado al maestro/a la maestra no más tarde que: _____

A nadie se le permitirá ir al viaje si no tiene el permiso escrito de los padres.

Favor de recortar y devolver firmado este permiso

PERMISO DE PADRES

Nombre del niño/niña _____ Edad _____

Domicilio _____

Teléfono _____ Teléfono de emergencia _____

Actividad de recreación Deer Hollow Farm

Con estas palabras le doy permiso a mi hijo/hija que participe en la actividad de recreo mencionada arriba; y estoy de acuerdo a compensar y no hacer responsable las agencias siguientes: City of Mountain View, Mountain View-Whisman School District, Mountain View-Los Altos School District, Midpeninsula Regional Open Space District, County of Santa Clara, y sus agentes, empleados y oficiales, y cualquier organización de la comunidad copatrocinado el programa, de y contra cualquier y todas obligaciones por incluido derechos razonables de abogado incurrido como resultado de su participación en el programa ya mencionado. Está entendido por ambos lados que estos programas entran a áreas medio montañosas con cierto ambiente peligroso como paisaje disperejo, áreas arboladas, hiedra venenosa, animales indómitos, abejas, y culebras de cascabel.

FIRMA DE PADRE O GUARDIÁN _____ FECHA _____

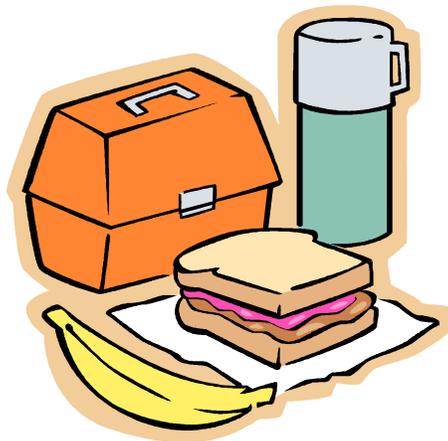
Packing a No-Garbage Lunch

Recycle Reduce Reuse Return

1. Help students clarify the concept of recycling
2. Use a cloth, pillowcase or a bandana, to wrap and carry lunch. (Bring the ends of the bandana together around the lunch and tie them.)
3. Use reusable containers to store your fresh items (Tupperware, lunch pails, or bottle).
4. When ready to eat, untie the ends of the bandana; the bandana then becomes your tablecloth. When finished with lunch, your bandana becomes your napkin, then wrap and carry out.
5. All of the food items left over from lunch can go into a compost pile (no paper or plastic).
6. Sort out items from lunch that can be taken to a recycling center (aluminum, cans, and glass).

FOODS FOR A REUSABLE CONTAINER

Fruit
Applesauce
Sandwich
Yogurt
Jello
Cheese & Crackers
Vegetables
Rice
Pasta



FOODS NOT TO PACK

Fruit Rolls
Squeeze-It
Juice Box
Lunchables
Candy
Bag of chips
Pre-packaged foods

